

## Program Outline

Tuesday, February 16, 2010

8 - 8:30 am	Introduction
8:30 - 10:15 am	Establishing the Need for an Aquatic Rehabilitation Program Identify the purpose of your aquatic program
10:15 - 10:30 am	Break
10:30 am - 12:00 pm	Pool Design/Pool Operations
12:00 - 1:00 pm	Lunch
1:00 - 3:00 pm	Pool Design/Pool Operations Developing a comprehensive program

Wednesday, February 17, 2010

8:00 - 9:00 am	Staff Development & Training
9:00 - 10:15 am	Developing a Policy and Procedure Manual
10:15 - 10:30 am	Break
10:30 am - 12:00 pm	Documentation of Aquatic Physical Therapy Reimbursement
12:00 - 1:00 pm	Lunch
1:00 - 2:00 pm	Risk Management
2:00 - 2:45 pm	Marketing Your Aquatic Rehabilitation Program
2:45 - 3:00 pm	Questions and Answers

**Participant contact Hours: 12**



### Participants will be able to:

1. Identify the necessary components of a policy and procedure manual.
2. Understand the recommend pool facility design based on patient population
3. Describe necessary education and credentialing for aquatic rehabilitation staff.
4. Define each component of an aquatic continuum, including individualized physical therapy, wellness and fitness.
5. Develop program assessments for quality management, financial viability,, and staff assessment.
6. Design document forms/ templates for patient visits, pool logs, and patient satisfaction.



## **The Nuts & Bolts of Developing a Comprehensive Aquatic Rehabilitation program**



**Pre-Conference Course  
February 16-17, 2010**



## Program Description

This course provides the information necessary for developing a comprehensive aquatic rehabilitation program. The topics include strategies for writing a policy and procedure manual, physical design of the facility, creating staff training, and designing documentation forms. Details for starting a facility and program design will be dis-



cussed. Each participant will receive a copy of the health codes for their state of residence. Upon completion of this lecture, participants will have the tools to design a facility and write a policy and procedure manual to meet the needs of their clinic/program.

**Cancellations and Refunds:** If for any reason you must cancel your registration, your written request must be received on or before 1-29-10, to receive a full refund. A 20% handling charge will be assessed for written cancellations postmarked between 2-1-10 and 2-10-10. No refunds will be issued after 2-10-10.

**Confirmation:** you will receive written confirmation of your registration by mail. This notice will verify that your registration has been processed and will serve as confirmation of your CSM registration. If you don't receive your confirmation letter by 2-10-10, please call member Services at 800-999-2782, ext. 3395.

## Speakers

**Charlotte O. Norton, DPT, MS, ATC, CSCS** practices physical therapy in a variety of settings in Sacramento. She specializes in orthopedics, sports medicine, home health, and aquatic physical therapy. Her company, Building Bridges, is committed to facilitating relationships to provide a holistic continuum of care for her clients. Previously, she was the Aquatic Section 2nd Vice-President/Education and Programming Chair and the Co-Editor of the *Journal of Aquatic Physical Therapy*. She co-authored The Aquatic Continuum of Care and the Aquatic Tool Box and she was the 2007 recipient of the Judy Cirullo Award for Leadership in Aquatic Physical Therapy.

**Lynette J. Jamison, MOT, ORT/L** is the director of aquatics and rehabilitation at Desert Pain Institute. Completing her master's degree from Texas Woman's University, her career has incorporated OT services in a variety of settings including outpatient, inpatient, psychosocial services, aquatic rehab, hand rehab, work hardening, and lymphedema. She consulted with the designers of Desert Pain Institute to develop the only peroxide therapy pool in the Mesa, Arizona, area. She was nominated Occupational Therapist of the Year and was named Aquatic Therapy Professional of the Year by the Aquatic Therapy & Rehab Institute in 1993. Lynette has coauthored two aquatic therapy textbooks, A Team Approach to Aquatic Rehabilitation and Aquatic Therapy Using PNF Patterns, and authored several chapters in other books, and numerous articles on lymphedema, fibromyalgia, and aquatic therapy. Lynette is certified by the Dr. Vodder School of North America to utilize Manual Lymph Drainage® to treat patients with lymphedema.

## Registration

Please Check PT PTA SPT SPTA  
 First Time Attendee  
 Has Special Needs

APTA Member #: \_\_\_\_\_

Nickname for Badge: \_\_\_\_\_

First Name Middle Name Last name

Daytime# Fax# E-mail Address

Preferred Confirmation Address

City State Zip

**Payment Information:** Mail this form with either credit card information or check payable to: APTA, Attn: CSM 2010 Registration, 1111 North Fairfax Street, Alexandria, VA 22314-1488. or, if you are paying by credit card, you may FAX your registration to 703-706-3396 (24 hours a day), call 800-999-2782, ext. 3395 (8:30 am—5:00 pm EST). Register online at: [www.apta.org](http://www.apta.org)

Check (made payable to APTA) Visa MC AmEx  
 Credit Card #: \_\_\_\_\_

Exp. \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

Registration Fees	Early Bird	Advance
	12-23-09	1-20-09
PT Section Member	\$275	\$325
PTA Section Member	\$250	\$300
APTA PT Non-Section Member	\$325	\$375
APTA PTA Non-Section Member	\$300	\$350
Non Member	\$350	\$400
Section Student Member	\$160	\$175
APTA Student Member	\$170	\$210
Student Non member	\$210	\$225